***Dairy Free Cheese, Milk, & Butter Ingredients***

***Follow Your Heart Mozzarella*** [Filtered Water, Organic Coconut Oil, Potato and Corn Starch, Expeller-Pressed Canola Oil, Sea Salt, less than 2% of: Natural Flavors, Potato Protein, Calcium Phosphate, Organic Vegan Cane Sugar, Organic Vegetable Glycerin, Cellulose, Sodium Citrate, Citric Acid, Lactic Acid, Sodium Bicarbonate, Beta Carotene for Color.]

**Follow Your Heart Cheddar** [Filtered Water, Organic Coconut Oil, Potato and Corn Starch, Expeller-Pressed Canola Oil, Natural Flavors (Contains Autolyzed Yeast), Less than 2% of: Potato Protein, Calcium Phosphate, Sea Salt, Organic Vegan Cane Sugar, Organic Vegetable Glycerin, Citric Acid, Sodium Citrate, Lactic Acid, Sodium Bicarbonate, Annatto for Color, Beta Carotene for Color, Paprika Extract for Color.]

***Follow Your Heart Parm*** [Modified Potato Starch, Organic Palm Fruit Oil†, Filtered Water, Expeller-Pressed Canola Oil, Cellulose, Maltodextrin, Natural Flavors (Contains Autolyzed Yeast), Less than 2% of: Organic Vegetable Glycerin, Sea Salt, Citric Acid, Nutritional Yeast, Calcium Phosphate, Bamboo Fiber, Sodium Phosphate, Carrageenan, Organic Chickpea Miso(Organic Handmade Rice Koji, Organic Whole Chickpeas, Sea Salt, Water, Koji Spores), Sunflower Lecithin, Annatto.† Rainforest Alliance Certified], coconut milk, baking mix

**Violife Cream Cheese** [Filtered Water, Coconut Oil, Food Starch-Modified (Potato, Tapioca), Salt (Sea Salt), Citrus Fibers, Glucono Delta-Lactone, Lactic Acid, Dextrose, Dried Banana Powder, Flavor (vegan sources), Olive Extract, Beta Carotene (color), Vitamin B12.]

**Violife heavy cream** [lentil preparation (water, lentil protein), plant-based oil blend from coconut and canola oils, sugar, modified corn starch, sucrose esters of fatty acid, natural flavor, mono and di-glycerides, salt, guar gum, sunflower lecithin, locust bean gum, beta-carotene]

**Silk Unsweetened Coconut Milk** [filtered water, coconut cream, contains 2% or less of: vitamin and mineral blend (calcium carbonate, vitamin A palmitate, vitamin b12, vitamin D2, sea salt, natural flavor, sunflower lecithin, locust bean gum, gellan gum]

**Earth Balance Vegan Soy Free Butter** [vegetable blend of palm fruit, canola, safflower, flax, and olive oils, water, salt, natural flavor, pea protein, sunflower lecithin, lactic acid, annatto extract]

**Dry Ingredients**

**King Arthur – Baking Mix** [Certified Gluten-Free All Purpose Baking Mix Base (whole grain brown rice flour, rice flour, potato starch, tapioca starch, cellulose, baking powder (baking soda, calcium acid pyrophosphate, monocalcium phosphate), salt, xanthan gum, vitamin and mineral blend [calcium carbonate, niacinamide (vitamin b3), reduced iron, thiamin hydrochloride (vitamin b1), riboflavin (vitamin b2)]

**King Arthur Bread Mix** [Certified Gluten Free Flour Base: Specialty Flour Blend (rice Flour, Tapioca Starch), Tapioca Starch, Potato Starch, Cane Sugar, Emulsifier (mono- And Diglycerides), Salt, Xanthan Gum, Vitamin and Mineral Blend [calcium Carbonate, Niacinamide (vitamin B3), Reduced Iron, Thiamin Hydrochloride (vitamin B1), Riboflavin (vitamin B2)], Enzymes. Dry Yeast: Yeast, Sorbitan Monostearate, Ascorbic Acid.]

***Rummo Noodles*** *[Brown rice, yellow corn, white corn, rice, potato starch, mono-and diglycerides of vegetable origin.]*

**Wholesome Certified Gluten-Free Pie Crust** [Brown Rice Flour, Water, Organic Palm Fruit Oil\*, Organic Evaporated Cane Syrup, Tapioca Starch, Potato Starch, Contains less than 2% of each of the following: Sea Salt, Aluminum Free Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Tapioca Starch, Monocalcium Phosphate), Guar Gum.]

**McCormick Blend** [Sea Salt, Garlic, Mustard Bran, Onion, Black Pepper, Lemon Peel, Chili Pepper, Oregano & Parsley.]

**Holiday Ingredients & Additional Allergen Info**

**Dinner Rolls**

* Made without corn

\*contains coconut, legumes, & peas\*

King Arthur GF bread mix, earth balance soy free butter, Silk coconut milk, Egg Replacer (tapioca starch, arrow root, citrus fiber, cream of tartar, sodium bicarbonate), Yeast

**Sweet potato casserole**

\*contains corn, coconut, legumes, & peas\*

***Filling***

Yams, brown sugar, Silk coconut milk, Violife heavy cream, cinnamon, nutmeg,

***Pie Crisp***

King Arthur GF baking mix, Earth Balance Vegan Soy Free Butter, Cane sugar, Cinnamon

**Green Bean Casserole**

\*contains corn, coconut, legumes, & peas\*

***Filling***

Grean Beans, Vegetable broth [Vegetable Juice Concentrate (carrot, onion and celeriac), Cooked Vegetables (carrot, onion and celery), Salt, Sea Salt, Sweet Corn, Cabbage Extract, Onion Powder, Carrot Powder, Garlic Powder, Spice, Red Bell Pepper Powder], Canned coconut milk, yellow onion, earth balance soy free butter, king Arthur GF baking mix, garlic, salt, pepper, mushrooms

***Topping***

Simple Truth Organic Crispy French-Fried Onions [Organic Onions, Organic Palm Oil, Organic Buckwheat, Salt]

**Holiday Ingredients & Additional Allergen Info**

**Spinach dip**

\*contains corn, coconut, legumes & peas\*

Spinach, artichokes, violife cream cheese, follow your heart parmesan, follow your heart mozzarella, red onion, garlic, salt, lemon, vinegar, nutritional yeast, silk coconut milk

**Mushroom & Spinach Penne**

\*contains corn, coconut, legumes & peas\*

*Rummo GF noodles*, alfredo [violife cream, violife cream cheese, follow your heart parmesan, follow your heart mozzarella, Italian seasoning, salt], spinach, mushrooms

**Mac n Cheese**

\*contains corn, coconut, legumes & peas\*

*Rummo GF noodles*, cheese sauce [silk coconut milk, follow your heart cheddar, follow your heart mozzarella, earth balance soy free butter, King Arthur GF baking mix, McCormick spice blend], follow your heart parmesan

**Cheesy Potato**

\*contains corn, coconut, legumes & peas\*

Red skin potato, violife cream, follow your heart cheddar, follow your heart mozzarella, follow your heart parmesan, garlic, red onion, salt

**Apple Crisp/Crumble Pie**

* Made without corn & coconut

\*contains legumes & peas\*

Wholesome Certified Gluten-Free Pie Crust

**Filling**

Granny smith apples, cane sugar, cinnamon, arrowroot starch

***Pie Crisp***

King Arthur GF baking mix, Earth Balance Vegan Soy Free Butter, Cane sugar, Cinnamon

**Holiday Ingredients & Additional Allergen Info**

**Pumpkin Pie**

* Made without corn, peas, & legumes

\*contains coconut\*

Wholly Wholesome Certified Gluten-Free Pie Crust, Pumpkin Puree, King Arthur GF Baking Mix, Egg Replacer (tapioca starch, arrow root, citrus fiber, cream of tartar, sodium bicarbonate), Silk Unsweetened Coconut Milk, Brown sugar, vanilla, pumpkin pie spice (cinnamon, nutmeg, allspice)

**Peach Cobbler**

* Made without corn & coconut

\*contains legumes & peas\*

**Filling**

Peaches, cane sugar, cinnamon, King Arthur GF baking mix

***Pie Crisp***

King Arthur GF baking mix, Earth Balance Vegan Soy Free Butter, Cane sugar